

JANUARY						FEBRUARY						MARCH						APRIL										
1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4		14	15	16	17	18	1	2	3	4	5	6	
7	8	9	10	11	12	7	8	9	10	11	12	5	6	7	8								7	8	9	10	11	12
13	14	15	16	17	18	13	14	15	16	17	18	9	10	11	12								13	14	15	16	17	18
19	20	21	22	23	24	19	20	21	22	23	24	15	16	17	18	19	20						19	20	21	22	23	24
25	26	27	28	29	30	25	26	27	28	29		21	22	23	24	25	26						25	26	27			
31												27	28	29	30	31							28	29	30			
MAY						JUNE						JULY						AUGUST										
1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6					
7	8	9	10	11	12	7	8	9	10	11	12	7	8	9	10	11	12	7	8	9	10	11	12					
13	14	15	16	17	18	13	14	15	16	17	18	13	14	15	16	17	18	13	14	15	16	17	18					
19	20	21	22	23	24	19	20	21	22	23	24	19	20	21	22	23	24	19	20	21	22	23	24					
25	26	27	28	29	30	25	26	27	28	29	30	25	26	27	28	29	30	25	26	27	28	29	30					
31												31						31										
SEPTEMBER						OCTOBER						NOVEMBER						DECEMBER										
1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6					
7	8	9	10	11	12	7	8	9	10	11	12	7	8	9	10	11	12	7	8	9	10	11	12					
13	14	15	16	17	18	13	14	15	16	17	18	13	14	15	16	17	18	13	14	15	16	17	18					
19	20	21	22	23	24	19	20	21	22	23	24	19	20	21	22	23	24	19	20	21	22	23	24					
25	26	27	28	29	30	25	26	27	28			25	26	27	28	29	30	25	26	27	28	29	30					
						29	30	31																				



BORD BIA
IRISH FOOD BOARD

Springtime brings the morning light
And calls 'Come plants now, please
Wake up! Wake up! Sleepy heads
Stretch your new green leaves'.

Summertime brings sunshine
In the middle of the day
And calls 'Come on you plants now . . .
Everyone out to play'.

Autumntime brings afternoon
And calls 'Come plants now come
Time to do your ripening
In the Autumn sun'.

Wintertime brings darkness
And calls 'Come plants now - bed!
Snuggle down into the earth
And rest your sleepy head'.

